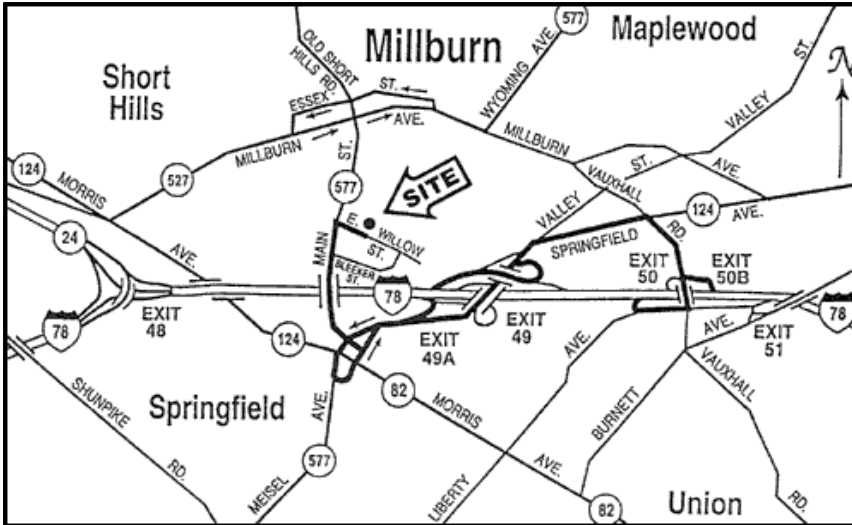


ALIST WELLNESS CENTER, LLC

25 EAST WILLOW STREET
MILLBURN, NJ 07041
973-912-4448



FROM THE NORTHWEST: Take 1-80 East to 1-287 South, to Route 24 East (which turns into 1-78 East) to Exit 49A. 1st light turn right onto Main Street, go 1/2 mile to 1st light, turn right onto East Willow Street, building is on the left

FROM THE WEST: Take 1-78 East to Exit 49A. Follow directions "From the Northwest."

FROM THE EAST: Take 1-78 West to Exit 50B, end of ramp turn right onto Vauxhall Road. 2nd light turn left onto Springfield Ave., go 1.4 miles to 2nd light, turn right onto Main Street, go 1/2 mile to 1st light, turn right on East Willow Street, building is on the left.

FROM THE NORTH: Take Garden State Parkway South to Exit 142, then 1-78 West to Exit 50B. Follow directions "From the East."

FROM THE SOUTH: Take Garden State Parkway North to Exit 142, immediately after Union Toll Plaza, onto 1-78 East. Go 1 mile to 1st Exit 54, make U-turn onto 1-78 West to Exit 50B. Follow directions "From the East."

LEAVING 25 E. WILLOW ST TO 1-78 WEST:

Turn right onto East Willow Street, at light turn left onto Main Street. 1st light go through center lane up to next light at Morris Avenue, cross over Morris Avenue. make left turn at U-turn, (in back of Amoco). Go straight through light, across Morris Avenue again. Go 1 mile to 1-78 West ramp.

LEAVING 25 E. WILLOW ST TO 1-78 EAST:

Turn right onto East Willow Street, at light turn left onto Main Street, 1st light go through center lane up to next light at Morris Avenue, crossover Morris Avenue, make left turn at U-turn (in back of Amoco). Go straight through light, across Morris Avenue again. Travel on Springfield Avenue to 2nd light, turn right onto Vauxhall Road, 2nd light turn right at Liberty Avenue, 500 feet turn right onto 1-78 East ramp.

GS PARKWAY NORTH OR SOUTH: Follow directions "1-78 East," go to 1st Exit 52.

NEW JERSEY TURNPIKE NORTH OR SOUTH:

Follow directions "1-78 East" to end, go through Turnpike Toll Plaza, South to the right, North to the left. Holland Tunnel far left.

